

Drop in - Timetable

Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
8:45 Open Andy J	8:45 Vinyasa Jesira		8:45 Morning Flow Kati	8:45 Vinyasa Alex	9:00 Vinyasa Flow Kira	
		9:30 Jivamukti Vera	9:30 Prenatal Jade			10:00* Monthly Sundae Jesira
16:00 Vinyasa Jesira	17:30 Prenatal Kira	17:30 Yin Yoga Nina				
17:30 Vinyasa Alex	17:30 Open Andy J	17:30 Vinyasa Kati	17:30 Downtempo Kira	17:30 Vinyasa Jade		17:30 Yin Yoga viele Liebe..
19:00 Vinyasa Jasmin	19:00 Yin Yang Flow Lisa E.	19:00 Tantra Flow Ulli	19:15 Vinyasa Jesira			19:00 Classic Lucas
19:00 Aerial Lucas	19:00 Vinyasa Flow Kira					19:00* Soundhealing Kira

Level I

Level I - II

Level II

* ONE Sunday every month - See dayplan